

CJHS PANTHER DAILY ANNOUNCEMENTS

THURSDAY 11/13/25

Good Morning Cabot Panthers!!!! Here are your morning announcements.

Pledge of Allegiance



(National Anthem on Wednesdays)

Lunch Entree

Chicken Tenders

Pepperoni Pizza Rippers

Vegetables

Mashed Potatoes

Green Beans

Fruit

Assorted Fruits

Grains

Homemade Roll

Milk

Chocolate Milk

White Milk

Misc.

Brown Gravy

Bottled Water

announce every Monday) **Builders club is collecting pop tabs to support the Ronald McDonald House. Please turn your pop tabs into your 1st period teacher. The 1st period class that collects the most pop tabs will receive Sonic drinks in May.**

Student Council and NJHS are sponsoring the CJHS Fall Food Drive. Bring in non-perishable food items to your 2nd period teacher. 1 food item = 1 pound. Challenge for the 2nd period class that gets the most pounds get a donut party !!!

Our goals are:

-  **500 lbs — Mrs. Sandage, Mrs. Hill, and Mr. Tarrant get a pie in the face!**
-  **1,000 lbs — Mrs. Sandage gets taped to the wall!**
-  **1,500 lbs — Mrs. Sandage, Mrs. Hill, and Mr. Tarrant go in the dunk tank!**
-  **2,000 lbs or more — We'll do ALL of the above!**

Every pound counts — let's make a difference, CJHS!  

There will be a mandatory tryout football meeting in Coach Brown's room, S105, during both lunches on Monday, 11/17. The meeting will only take about 5 minutes so, report to Coach Brown's room first and then go to lunch.

Quiz Bowl will meet today after school until 4:00. It is not too late to join! All members going to the tournament on December 6th must attend this meeting!

Students, remember- Absolutely no cafeteria food will be allowed outside during breakfast or lunch. You must sit down at a table to eat, then you can go outside.

Keep following CJHS Expectations to get a chance to be this week's Super Sonic Student!

Today's CJHS Expectation:

I will visit the
bathroom in a timely
manner.

Moment of Silence

Have a great day, CJHS